



# Gateway to the Garhwal Himalayas: Delhi-Rishikesh-Delhi

## Day 1:

### New Delhi-Rishikesh -05 Hrs Drive

#### **Morning: Drive to Rishikesh**

**Afternoon:** Check into the Hotel

Located at the foothills of the Himalayas, Rishikesh stands as a beacon of tranquillity and enlightenment, with the pious and pristine river Ganges flowing through it. The ancient town of Rishikesh is one of the major tourist and pilgrimage hubs in northern India, where people from across the world arrive in their quest for inner peace and balance. Rishikesh is commonly referred to as the 'yoga capital of the world' and rightly so. The destination is abuzz with visitors, who come here to learn yoga, meditation and an overriding sense of wellbeing and balance, physical , mental and spiritual.

**Evening:** Attend the Ganga Aarti at Triveni Ghat

Located on the sacred banks of the Ganga River in Rishikesh, Triveni Ghat is a symbol of spiritual sanctity and cultural significance. It is famous for being the spot where three of India's most sacred rivers—Ganga, Yamuna, and Saraswati—converge, drawing thousands of pilgrims, tourists, and seekers to its tranquil shores.

**Overnight:** Stay in Rishikesh.

## Day 2:

### Rishikesh City Tour

**Morning:** Enjoy a rejuvenating yoga or meditation session

**Morning:** Explore Rishikesh, visit Laxman Jhula, Ram Jhula, Parmath Niketan Ashram, Swarg Ashram and Geeta Bhavan , Bharat Mandir and Neelkanth Temple

**Laxman Jhula** is a renowned attraction of Rishikesh. This is a suspension bridge, built in early 20th century on the holy Ganges, connecting its two shores. It is 450 feet long, built in early 20th century. Laxman Jhula was named after Lord Ram's younger brother Lakshman, and has temples standing stoic on both sides, including the famed Lakshman Temple at Tapovan.

**Ram Jhula** is a prominent iron suspension bridge in Rishikesh, Uttarakhand, India, connecting Shivananda Nagar (Muni Ki Reti) to Swargashram, and is a popular tourist attraction and a vital link between the two banks of the Ganges river.

Parmath Niketan Ashram is a true spiritual haven, lying on the holy banks of Mother Ganga in the lap of the lush Himalayas. It is the largest ashram in Rishikesh, with verdant gardens that are a source of infinite solace and rest for thousands of pilgrims from across the world.

**Geeta Bhavan- Swarg Ashram:** Geeta Bhawan is a large complex located at the banks of holy river Ganga in Swargashram, Rishikesh.

**Bharat Mandir** – a living chronicle of faith etched in stone is also known as the Hrishikesh Narayan Temple. Steeped in legend and history, Bharat Mandir emerges as a beacon of tranquillity, its aura touching the souls of pilgrims and curious visitors alike. The temple's story unfolds like an epic saga, with its main edifice attributed to the visionary Adi Guru Shankaracharya in the 12th century, as chronicled in the hallowed pages of Kedarkhand. Yet, like a phoenix rising from ashes, the temple stood defiant against the ravages of time and invasion, rebuilding itself after the tumultuous Timur invasion of 1398 AD to reclaim its place as a cornerstone of Rishikesh's spiritual landscape.

A **Neelkanth Mahadev Temple** tour from Rishikesh involves a scenic trek or drive to the temple, a visit to the temple dedicated to Lord Shiva, and potentially a stop at Patna Waterfalls en-route, offering a spiritual and nature-filled experience.

**Overnight:** Stay in Rishikesh.







## Day 3: Rishikesh City Tour

**Morning:** Go for a white water rafting adventure

With a distance of just 9 km, it is the shortest stretch for Rafting in Rishikesh. The activity takes about 1 hour 30 minutes to complete and includes three Grade I and II rapids.

**Afternoon:** Visit **Beatles Ashram:** Visit the Chaurasi Kutia, also known as the Beatles Ashram, for a unique experience. In February 1968, the English rock band the Beatles travelled to Rishikesh in northern India to take part in a Transcendental Meditation (TM) training course at the ashram of Maharishi Mahesh Yogi

**Vashishtha Gufa Ashram-** Vashistha Cave is an ancient cave with a fascinating history. It is believed that Sage Vashistha, human son of Lord Brahma and one of the great seven sages and his wife meditated here for many years.

**Optional Neer Garh Waterfall:** Neer Garh Waterfall, a confluence of three waterfalls, is a popular destination near Rishikesh, known for its breathtaking scenic beauty, located about 5 km from Lakshman Jhula. Enjoy a trek to this beautiful destination, including swimming amidst the abundance of nature.

**Overnight:** Stay in Rishikesh.

Day 4: Rishikesh –New Delhi -05 hrs drive

Morning drive to New Delhi